Clinical Internship in Optometry
(August 2022 - August 2023)

C L GUPTA EYE INSTITUTE
Optometry internship program overview

13 months program

1 month of course work along with clinical observation

12 months of training in various departments

Monthly assessment in posted department

Objective:
To provide hands-on experience and enhance patient care management skills through practical-based training under the guidance of the CLGEI faculty.

To provide exposure and knowledge in research process in eye health care area.

Program structure:
During the 13 months of clinical training, after 1 month of pre-clinical training each trainee will be rotated through comprehensive, subspecialty clinics for practical-based training.

Eligibility:
Candidate should have completed third year of optometry training (without any backlog/s) from a recognized Optometry School/College/Institute.

Important dates and application details:
- Application form available from: 15th March 2022
- Last Date to Apply: 30th June 2022
- Entrance date: 12th July 2022
- Program commencing date: 1st August, 2022
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- The Internship program will be a 1 year 15 days program, and the minimum amount of time to be devoted to clinical work will be 6 days per week.
- This clinical work will consist primarily of clinical posting with optometrists/ophthalmologists or independent approximately 4 days/week.
- There will be one advisor/mentor assigned to guide the interns in educational and clinical activities throughout the program. The advisor will act as an advocate for the interns and will provide ongoing guidance to the interns during the program.
• Interns must conduct and submit an original research project for completion of program.

• Interns must maintain a logbook which needs to be submitted at the end of program.
• Interns must actively participate in didactic lectures, Journal club and grand rounds.

• Interns need to do Emergency duties on Sunday and night emergency duties according to duty roster.

**Departments for postings**

**Comprehensive Clinic**

Department consists of mostly walk-in patients which helps in building up knowledge about proper history taking in different cases, visual acuity assessment in different age group, handling instruments, differentiating pathologies, etc.

**Cornea and Anterior Segment Clinic**

Focuses on evaluation and optometric management of anterior segment related diseases. Refraction and investigations for special cases like corneal ectatic conditions, refractive surgeries, etc.

**Posterior Segment Clinic**

Posterior Segment mainly comprises of Retina and Glaucoma department which focuses on evaluation and management of posterior segment disease along with some special skills like gonioscopy and interpretation of different reports.
Pediatrics and Orthoptics Clinic

It focuses on developing special skills such as eliciting history, dealing with children, prescribing spectacles in pediatric age group, evaluation, diagnosis and management of different types of squint, binocular vision assessment, etc.

Contact lens Clinic

It focuses on fitting and dispensing of different contact lens such as soft, RGP, Rose K, mini scleral and scleral lens. It also focuses on managing of complications related to contact lens.

Low vision Clinic

It focuses on trial and dispensing of different low vision aids along with counselling. Also, enhances knowledge about rehabilitation and referral criteria for low vision certificates for government benefits.

Diagnostics

It focuses on enhancing skills of interpretation of reports and operating different machines like A-scan, B-scan, Pachymetry, Lipiview, OCT, Pentacam, Aberrometry, FFA, Fundus photo and Electrophysiology (ERG, EOG and VEP).

Optical and OT Posting

Optical posting mainly focus on enhancing skills on selection and advising of different frame and lens material, troubleshooting, fitting assessment of spectacles, etc. OT posting is for observation to know about different surgical procedures and how to assist.
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Contact Details:
0591-2477800
optometryedu@clgei.org
www.clgei.org